



TransitCare

NEWSLETTER

A MESSAGE FROM OUR BRANCH MANAGER

Two things that I never thought I would see in my lifetime have happened - no more Holden cars and a global pandemic.

If anyone had told us just a few months ago what life would be like now, would we have done anything differently? Well, perhaps we may have stocked up on loo paper, sanitiser and pasta, and ordered in a few books from the library – these things may well have made all the difference. But as you know, we don't have ESP, so we didn't do any of these (silly us)!

Business as "Usual"

TransitCare has continued to operate right through this current COVID-19 pandemic and we have been very fortunate in keeping our entire team together during the crisis. We've had to make a few operational changes, but have managed to comply with all the various restrictions.

We are currently collecting prescriptions, dropping them off to the pharmacy, collecting the medications and dropping them back to the homes of our clients. If you are in isolation or do not wish to have contact with our driver, let us know when you phone us. Our driver will deliver your medication back to your front door and phone you to advise it has been delivered. We are also still taking clients to essential appointments, including the shops, the bank, the post office, the hospital and doctors – anywhere that they can safely travel to.

Health and Hygiene

We take your health and wellbeing very seriously and want to make sure you feel safe and cared for at all times when you travel with us.

We have diligent infection control practices and our staff uphold the highest standards of hygiene and sanitisation. Our vehicles are sanitised at the start and end of every shift and periodically throughout the day.

Social Activities

Sadly, we have had to stop all our social activities until the world gets back to whatever the new normal will be. But once it does, boy, you better watch out!

We are planning several trips once the restrictions are relaxed, with a few morning tea and lunch outings to some of our favourite venues. Hopefully by the end of June we should know more and will be ready to get back to full capacity as soon as we get the advice from the relevant authorities.

Wellbeing Checks

Our team is calling our clients to check up on your wellbeing and to see if there is anything we can do to assist you. If you have not yet received a call and would like to talk to someone, please call us for a catch up. In addition, if you'd like to book a regular time for us to give you a call, please call us and let us know to check in with you on a regular day and time.



Seniors Week 2020

Seniors Week 2020 is due to be held in August but obviously all activities for this week will depend on when the restrictions are lifted. Anyone needing information should contact Townsville City Council on **4727 9000** or **134 810** to find out more.

Thank You!

I would like to thank all my team, both paid staff and volunteers, who without question have done whatever has been asked of them to keep this organisation running. It has been very pleasing to be a part of; and let's hope we can get back to some semblance of normality sooner rather than later.

The management, staff and volunteers at TransitCare hope all our members are keeping safe and well and look forward to servicing your transport needs in the coming months.

Don't forget – Wash those hands and keep your distance, and don't lose your sense of humour...

Dean Warren, Branch Manager

MEET A MEMBER

MURIEL MCCAFFREY

My name is Muriel McCaffrey and I was born 95 years ago in Clifton, a small country town on the Darling Downs, Queensland. I was one of a family of five children, (three are now deceased). My grandparents were of German and Scottish descent and migrated to Australia in the late 1800s.

My father worked his whole life on a mixed farming property in Clifton and this is where I grew up and attended the Clifton Rural School until I was 15. We went to school either on horseback or by sulky. When I left school I got a job as a dressmaker to the local ladies, but I also had to do my share of work on the farm.

War broke out in 1939 but for us in this small country town, nothing seemed to change except most of our men were absent in the forces. Of course, along with everyone else in the country, rationing became part of our everyday life.

I met my husband John at the local picture theatre where I was working as an usherette, just before he headed off to North Africa to fight with the AIF. We wrote letters for the next six years of his service and when he finally returned, we married in the small Presbyterian Church at Clifton in September 1946.

John was working for the Case Agricultural Company, and our first home was in a hotel in Gatton, where we boarded for five pounds a week. We then moved to a converted garage in Pittsworth and later to a newly built home in Boonah. Eventually, John got a promotion, and the company moved us to Camp Hill in Brisbane, and we were finally able to buy our own home and had our two daughters. After 10 years in Brisbane, Case sent us to Toowoomba, where we built our own home, and stayed for 60 years.



John retired from Case after 50 years of service and passed away in 2018, shortly after we celebrated 71 years of marriage. Both our daughters, three grandchildren and one great-grandson live in North Queensland, so I decided to sell up and move to Townsville to be closer to them. I have found the decision to move after all those years, both smooth and positive. I have joined the War Widows, Legacy Club and TransitCare, and found a friendly and inviting Church where I feel part of the community. Before the current lockdown laws, I was able to attend every Sunday due to the wonderful service from TransitCare. I look forward to returning in the coming months.

I survived my first summer in Townsville, which saw the big flood; my second summer, which saw disastrous bushfires throughout the country; and now a global pandemic. No-one knows what life has in store for us next, so why not just sit back and enjoy all the good things in life.

I am again looking forward to the winter months, and enjoy the support offered to me through some great organisations here in Townsville. Here's hoping we all come out of our current isolation quickly and healthy.

LAUGH AT THE LOCKDOWN



NEVER IN MY WILDEST DREAMS DID I IMAGINE I'D GO UP TO A BANK TELLER WITH A MASK ON ASKING FOR MONEY.

TRANSITCARE DELIVERS PHARMACY PRESCRIPTIONS AND PET MEDICATIONS TO YOUR DOOR, FREE OF CHARGE

Although our Social Support programme has been temporarily suspended, TransitCare Townsville services are considered essential to our community and we will continue to transport our clients as needed. In order to assist the Townsville community, we are offering FREE DELIVERY of pharmacy prescriptions and pet medications.

FREE PRESCRIPTION MEDICATION DELIVERY

If you do not wish to leave home, but need your prescription medications filled and delivered, our Community Flyers are here to assist.

1. Phone our team on 4774 5497 and let us know you have a prescription to be filled. We will collect the prescription from your residence.
2. Phone the chemist to order your medication and make your payment over the phone. Advise the pharmacist that our Community Flyer will be coming to collect your prescription, deliver it to the pharmacy, collect your medication and deliver it back to you.
3. We will collect your medication from the pharmacy and deliver to your front door.

If you are in isolation or do not wish to have contact with our driver, please let us know when you phone us. Our driver will deliver your medication back to your front door and phone you to advise it has been delivered.

FREE PET MEDICATION DELIVERY

Our drivers will collect your pet's medication from your vet and deliver it back to your front door. Phone your vet, order your pet's medication and pay (or have it invoiced) over the telephone. Phone us and let us know that you need your pet's medication collected from your vet. One of our drivers will collect the medication from your vet and deliver it to your home.

ESSENTIAL APPOINTMENTS

We are also available to take you to your hospital and medical appointments, shopping and to the bank or post office.

To organise collection of prescription medication or to book your transport, please call our team on 4774 5497.

Eligibility Criteria: You are eligible for TransitCare services if you are 65 years and over (50 years and over for Aboriginal and Torres Strait Islander People) or under 65 years of age, have a permanent and significant disability and qualify under the National Disability Insurance Scheme (NDIS).



FUN AND GAMES

HAVE A LAUGH

What's bad tempered and goes with custard?

Apple Grumble



What do you call a mischievous egg?

A practical yolker

What kind of paper likes music?

Rapping paper

What do you call a train loaded with toffee?

A chew chew train

What did the scarf say to the hat?

I'll hang around here and you go on ahead

Why did the chewing gum cross the road?

Because it was stuck to the chicken

SUDOKU

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FIND-A-WORD

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| AMBULANCE | NURSE |
| ANTIBIOTICS | PILL |
| BLOOD | MEDICINE |
| CHECK | RECOVER |
| COURSE | RECUPERATE |
| CURE | PULSE |
| DISEASE | SPLINT |
| DOCTOR | STETHOSCOPE |
| DRUGS | SCAN |
| FEEBLE | STRONG |
| FEVER | SURGEON |
| FITNESS | STRENGTH |
| FRACTURE | TEMPERATURE |
| HEAL | TEST |
| HOSPITAL | TABLET |
| GERMS | TREATMENT |
| LASER | THERAPY |
| MEDICAL | WELL |
| ILLNESS | |

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