

Together

@TransitCare



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a message

FROM THE CEO

Welcome to the Autumn Edition of TOGETHER Magazine.

I hope that everyone had an enjoyable and celebratory holiday season.

Once again, as we all return to work after our Christmas break, we have seen several challenges thrown at us. This year, it seems that we are suffering even hotter and more humid conditions, so please ensure that you all stay well hydrated.

Commonwealth Home Support Funding

Our Commonwealth Home Support Funding has been extended to 2027 while we undertake a pilot programme for future funding, after that date.

Home Care Services

Our Home Care Services team continues to grow to meet the needs of our increasing numbers of clients throughout Logan City and the immediate, surrounding suburbs. Our friendly and caring staff will meet with you and conduct a comprehensive assessment of your needs and develop a customised care plan. Depending on your assessment, we will put supports in place which might include nursing services, domestic assistance, mobility support, social support, transportation, therapeutic services, respite care, gardening and home maintenance. We will conduct regular reviews to ensure that our services continue to meet your needs. Further information on how to register can be found in this magazine.

TransitCare Community Hub

Our TransitCare Community Hub continues to grow in both numbers and enthusiasm for the activities run each day. Theme days, bingo and armchair travel to many countries are very popular with clients enjoying those activities. They also enjoy arts and crafts, guest speakers and performers, brain games and much more. Our programme for the next three months can be found in this magazine.

Social Support Bus Trips

We have some great Social Support trips planned this year for our local bus trips, Community Flyer Adventures, Men on the Move and Women who Wander. If you are feeling isolated at home and looking to get out and about, take a look at our Calendar of Events in this magazine and book yourself a trip or two!



North Queensland Branches

Traditionally the heat plays havoc in North Queensland and this year, the cyclone impacting Cairns and Townsville hampered our operations somewhat. However, thanks to our fabulous teams, we still managed to deliver our services to our northern clients.

Gold Coast and Mt Tamborine

Our Gold Coast and Mt Tamborine services continue to go from strength to strength with our new office in Southport providing further support for expansion into more regions. Our Mt Tamborine services, in partnership with Transport and Main Roads continues to deliver services across the mountain, Helensvale and Beenleigh Stations.

With no public transport existing in Guanaba, we are trialling a weekly bus run which services Guanaba through to Maudsland and to the Helensvale Station. This is subject to demand and additional days of service may occur.

There has been an increase in the number of referrals for our weekly social bus trips – attending a variety of different locations each week. Don't forget to get a social support group referral code from My Aged Care, if you'd like to come on these trips!

Stay safe and keep out of the heat where possible and hydrate well.

Terry O'Toole

Chief Executive Officer

INTRODUCING NATALIE RICHARDS – OPERATIONS MANAGER

TransitCare is excited to welcome Natalie Richards, who recently joined the organisation as Operations Manager. Natalie has over 30 years' experience in Operations in large organisations and brings a breadth of knowledge and skills in a career which spans the retail industry in a variety of national, state and area roles.

With a people and culture serviced focus and strong leadership and interpersonal skills, Natalie has a passion for delivering and supporting exceptional customer service across all areas of the organisation. This includes compliance and quality, fleet management, scheduling, dispatch, contact centre, social support, operational projects, and the regions.

"I am super-excited to join TransitCare and commenced late last year in my new role as Operations Manager," Natalie said.

"I love working alongside our great team with their amazing vibe and culture, while being able to make a difference in supporting seniors, people with disabilities and those who have trouble getting out and about, to remain connected to their local communities."



"I have also enjoyed bringing my interpersonal, planning and organisational skills to lead and support our cross-functional teams, clients and stakeholders in the planning and coordination of all aspects of the business across a diverse range of services," she added.

Natalie has previously worked with large organisations on complex business projects and looks forward to leading current and new initiatives across TransitCare.

IMPORTANT CLIENT INFORMATION

Car Travel - Mobile Phones

If you have a mobile phone, please take it with you when you travel. If there is any delay in service, we may contact you on it. Changes to your transport requirements cannot be made when you are in the vehicle. Please call our Contact Centre if your number has changed.

Car Travel - Front Seat Only

Some of our clients prefer travelling in the front seat of our cars. Whilst we have over 80 vehicles in our fleet, we only have 35 cars, and those front seats need to be available for people with a physical disability which prevents them sitting anywhere else.

All other clients are therefore asked to sit in the back seats to leave the front seats available for those with these impairments. Clients who have a physical disability requiring front seat travel must have their doctor complete a medical declaration form. These forms are available from the Contact Centre.

If it is just extra leg room you require, transport can be provided in our

commuter vans which are equipped with an automated hoist lift for clients who may not confident with the van steps and hand-rail. It is better for clients to have more than one vehicle option so that they are not subject to longer waiting times. Call our Contact Centre for more information.

Car Travel - Wearing a Seatbelt is Law

All passengers travelling in our vehicles are required to wear a seatbelt when the vehicle is moving or stationary (eg: including when stopped at traffic lights). When travelling with TransitCare, you are required to wear your seatbelt correctly unless you have, on your person, a seatbelt exemption certificate. Please see your doctor and provide us with a letter if you require a seatbelt exemption.

Contact Centre Operations

Our Contact Centre is operational from 7.00 am until 6.00 pm and our number is 3422 7900. This number is to be used for ALL TRANSITCARE BOOKINGS. This includes booking and cancelling

transport and booking bus trips, social support and the Community Hub.

Please also remember that we offer a shared and pre-booked service for transport, and you most probably will not be the only person in the vehicle. Please be ready to be collected at least one hour before your scheduled drop off time at your destination.

Finance Information - Making Payments

The TransitCare finance team are seeing more and more invoice payments from clients that do not have any payment reference information. This makes it almost impossible for the finance team to correctly allocate payments to the client account. When making payments, please include as much reference information as possible. Our preference is for your invoice number or sales order number to be shown, but a full name or telephone number would also assist. This will ensure all payments received can be correctly allocated to the right client in a timely manner.

HOME CARE SERVICES

HELPING YOU STAY INDEPENDENT IN YOUR OWN HOME

Our Home Care Services continue to go from strength to strength with our amazing team now getting out and about to approximately 30 suburbs. Our packages are one of the ways that older Australians can access affordable care services to get some help at home. They are designed for those with more complex care needs that go beyond what the Commonwealth Home Support Programme (CHSP) can provide.

If you need help with some of your everyday tasks, or require support for more complex or intensive help, TransitCare is here to assist you. We offer a coordinated approach to the delivery of your help at home.

There are several steps that we take to ensure that our services will best meet your requirements.

This starts with an **assessment**. A home care package begins with a comprehensive assessment of your needs, considering factors like health, mobility, and daily living requirements.

Based on the assessment, a **personalised care plan** is developed, outlining the specific services and support you will receive to enhance your quality of life. The HCP team member will set up a consumer directed care plan that fits in with your needs and your lifestyle.

Home care packages often include assistance with **personal care tasks** such as bathing, grooming and dressing, ensuring your comfort and well-being.

Depending on your health needs, **nursing services** like medication management, wound care, and health monitoring may be included in the package. This is provided through a brokerage service.

We will also provide **domestic assistance support** with household chores like cleaning, cooking, and laundry, enabling you to maintain a clean and organised living environment.

Home care packages may also provide **mobility support** such as walking aids or wheelchair assistance, fostering independence and safety. Your dedicated Case Manager can support you to live independently in your home by providing support networks such as Occupational Therapists.

To combat social isolation, **social support** packages often include social activities, companionship, and assistance with community engagement to promote mental and emotional well-being. Dedicated support workers will be assigned to you and ensure you are able to keep up with social activities in the community.

Some packages provide assistance with **transportation**, ensuring that you can attend medical appointments, social events, or other outings. We can transport you to

appointments, shopping and other destinations and this can be paid from your package.

Access to **therapeutic and allied health services** like physiotherapy, occupational therapy, or speech therapy may be part of your package, tailored to address specific health goals.

We also recognise the importance of support for caregivers and home care packages may include **respite care** to give family members or primary caregivers a break while ensuring your continuity of care.

Finally, regular **reviews and adjustments** are conducted to reassess your needs and the care plan is adjusted accordingly, ensuring that your package continues to meet your evolving requirements.

To find out more about our Home Care Services, please call our Contact Centre on 3422 7900.



TRANSITCARE TRAVEL HUBS 2024

Determine your travel hub based on the suburb list below, then refer to the Calendar of Events and Activities to find your travel date.

TRIP DAY: MONDAY, HUB 2

Alexandra Hills, Balmoral, Belmont, Birkdale, Bulimba, Cannon Hill, Carina, Carina Heights, Carindale, Chandler, Cleveland, Gumdale, Hawthorne, Hemmant, Lota, Manly, Manly West, Morningside, Murarrie, Norman Park, Ormiston, Seven Hills, Thorneside, Tingalpa, Wakerley, Wellington Point, Wynnum, Wynnum West

TRIP DAY: TUESDAY, HUB 1

Acacia Ridge, Algester, Archerfield, Calamvale, Coopers Plains, Eight Mile Plains, Greenslopes, Holland Park, Holland Park West, Macgregor, Mackenzie, Mansfield, Mt Gravatt, Mt Gravatt East, Nathan, Parkinson, Robertson, Rocklea, Runcorn, Salisbury, Stretton, Sunnybank, Sunnybank Hills, Tarragindi, Upper Mt Gravatt, Wellers Hill, Wishart

TRIP DAY: WEDNESDAY HUB 5

Annerley, Corinda, Doolandella, Durack, Dutton Park, Ellen Grove, Fairfield, Forest Lake, Graceville, Heathwood, Highgate Hill, Inala, Moorooka, Oxley, Pallara, Richlands, Sherwood, South Brisbane, Tennyson, West End, Willawong, Woolloongabba, Yeerongpilly, Yeronga

TRIP DAY: THURSDAY HUB 4

Burbank, Camp Hill, Capalaba, Carbrook, Coorparoo, Cornubia, Daisy Hill, Eagleby, East Brisbane, Kangaroo Point, Kuraby, Loganholme, Priestdale, Redland Bay, Rochedale, Rochedale South, Shailer Park, Slacks Creek, Springwood, Stones Corner, Tanah Merah, Underwood

TRIP DAY: FRIDAY HUB 3

Beenleigh, Berrinba, Bethania, Boronia Heights, Browns Plains, Crestmead, Drewvale, Edens Landing, Forestdale, Greenbank, Heritage Park, Hillcrest, Holmview, Karawatha, Kingston, Logan Central, Logan Reserve, Logan Village, Loganlea, Marsden, Meadowbrook, Mt Warren Park, Park Ridge, Park Ridge South, Regents Park, Waterford, Waterford West, Windaroo, Woodridge.

SOCIAL CALENDAR - GOLD COAST

Our monthly social calendar is becoming very popular. Anyone interested in getting out and about on our Gold Coast trips to make new friends and have lunch are very welcome. For further information and to book, please phone our Contact Centre on 07 3422 7900. A referral code for Social Support is required from My Aged Care.

All lunch outings are \$11 and include door -to-door, return transport. Lunch is at own cost.

DATE	DESCRIPTION AND DETAILS
MONDAY 8 APRIL	LUNCH OUTING - Where: Fish and Chips – Pete’s near Seaworld and drive along the Spit, Main Beach Time: 11.00 am - 1.00 pm
MONDAY 15 APRIL	LUNCH OUTING - Where: Murwillumbah RSL, Murwillumbah Time: 10.00 am - 2.00 pm
MONDAY 22 APRIL	LUNCH OUTING - Where: St Bernard’s Hotel, Tamborine Mountain Time: 10.00 am – 2.00 pm
MONDAY 29 APRIL	LUNCH OUTING - Where: Harrigan’s Drift Inn– Calypso Bay (Jacobs Well) Time: 10.00 am - 2.00 pm
MONDAY 13 MAY	LUNCH OUTING - Where: Club Beenleigh, Beenleigh Time: 10.00 am – 2.00 pm
THURSDAY 16 MAY	WOMEN WHO WANDER (LADIES ONLY) - Where: Canungra Village, O’Reilly’s Vineyards and Mountview Alpaca Farm Our country drive to Lamington National Park takes us to O’Reilly’s Canungra Valley Vineyards where we will enjoy a sumptuous roast lunch and dessert. The Mountview Alpaca Farm is also located on the property, where we will spend some time feeding these cuddly animals. Time: 9.00 am – 3.00 pm Cost: \$60 includes return transport, morning tea and lunch.
MONDAY 27 MAY	LUNCH OUTING - Where: Sunnybank Community and Sports Club, Sunnybank Time: 10.00 am – 2.00 pm
MONDAY 3 JUNE	LUNCH OUTING - Where: The Club Beaudesert, Beaudesert Time: 10.00 am - 2.00 pm
MONDAY 17 JUNE	LUNCH OUTING - Where: Club Helensvale, Helensvale Time: 11.00 am -1.00 pm
MONDAY 24 JUNE	LUNCH OUTING - Where: Paradise Point Bowls Club, Paradise Point Time: 11.00 am-1.00 pm

Calendar OF events & activities

APRIL

APRIL COMMUNITY FLYER ADVENTURES

Please note: There are no Community Flyer Adventures in April.

APRIL SOCIAL SUPPORT TRIPS

Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.

DESCRIPTION:

BROWNS PLAINS: Discover hidden treasures in the local Op Shops and the boutique bookshop "the Really Good Bookshop" followed by lunch locally.

REDCLIFFE: Redcliffe Botanic Gardens and fish and chips by the water. If time permits, we may visit Bee Gees Way as well

Cost is transport only. Lunch and activities at own cost.

DATE	HUB	ACTIVITY	COST
02-Apr	1	SOCIAL SUPPORT - Browns Plains	\$15
03-Apr	5	SOCIAL SUPPORT - Browns Plains	\$15
04-Apr	4	SOCIAL SUPPORT - Browns Plains	\$15
05-Apr	3	SOCIAL SUPPORT - Browns Plains	\$15
08-Apr	2	SOCIAL SUPPORT - Browns Plains	\$15
11-Apr		WOMEN WHO WANDER - Fort Lytton National Park and lunch locally	\$60
16-Apr	1	SOCIAL SUPPORT - Redcliffe	\$15
17-Apr	5	SOCIAL SUPPORT - Redcliffe	\$15
18-Apr	4	SOCIAL SUPPORT - Redcliffe	\$15
18-Apr		MEN ON THE MOVE - Gold Coast War Museum and lunch locally	\$50
19-Apr	3	SOCIAL SUPPORT - Redcliffe	\$15
22-Apr	2	SOCIAL SUPPORT - Redcliffe	\$15

ORGANISE A GUEST SPEAKER FROM TRANSITCARE OR SIGN UP YOUR GROUP FOR A BUS TRIP!

Our Fun on the Run group travel programme is now well and truly up and running with over 30 different groups now on board and travelling out and about regularly in our 40-seater, air-conditioned coach. With nearly 100 trips completed in 2023 and 150 trips booked so far in 2024, we are looking forward to a fabulous and fun filled year!

We also offer guest speaking engagements at retirement villages, clubs and other groups. Our representative will come along to one of your regular resident or club meetings and talk to your group about the full range of services offered by TransitCare. If you would like to organise a presentation or bus tour for your group, call our Contact Centre on 3422 7900 or email intake@transitcare.com.au.



Bus Trip Mobility

Bus trips are for clients who have a high level of mobility and who have a low-level support requirement. It is important for you to pick events which are suitable for your needs so that you can have an enjoyable day.

New Staff and Volunteers

You will see some new faces around on the bus trips with new staff and volunteers onboard. Please welcome Bradley, Debby, Cynthia and Sandy. They will be helping Dani out on the trips and in the Hub. Annalisa finished in December to focus on her university studies and prepare for the birth of her first child.

Please continue to send in your trip ideas as this helps us to provide activities which you all enjoy and call us to discuss if you have concerns.

We hope to see you out enjoying our new range of trips throughout 2024!

MAY			
MAY COMMUNITY FLYER ADVENTURES - (MINI)			
BEENLEIGH RUM DISTILLERY			
Indulge yourself with the ultimate rum and chocolate pairing experience. Four rums from their outstanding range paired with four perfectly matched chocolates. This will be followed by lunch locally			
MAY SOCIAL SUPPORT TRIPS			
Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.			
DESCRIPTION: IPSWICH: Rail Workshops, Ipswich and lunch locally. Entry ticket price \$12.50 GORDON PARK: Northey Street City Farm and lunch at The Lavender Cottage Cost is transport only. Lunch and activities at own cost.			
DATE	HUB	ACTIVITY	COST
01-May	5	SOCIAL SUPPORT - IPSWICH	\$15
02-May	4	SOCIAL SUPPORT - IPSWICH	\$15
03-May	3	SOCIAL SUPPORT - IPSWICH	\$15
06-May	2	SOCIAL SUPPORT - IPSWICH	\$15
07-May	1	SOCIAL SUPPORT - IPSWICH	\$15
08-May	5	COMMUNITY FLYER ADVENTURE - Beenleigh Rum Distillery	\$60
09-May	4	COMMUNITY FLYER ADVENTURE - Beenleigh Rum Distillery	\$60
10-May	3	COMMUNITY FLYER ADVENTURE - Beenleigh Rum Distillery	\$60
13-May	2	COMMUNITY FLYER ADVENTURE - Beenleigh Rum Distillery	\$60
14-May	1	COMMUNITY FLYER ADVENTURE - Beenleigh Rum Distillery	\$60
16-May	4	SOCIAL SUPPORT - GORDON PARK	\$15
17-May	3	SOCIAL SUPPORT - GORDON PARK	\$15
20-May	2	SOCIAL SUPPORT - GORDON PARK	\$15
21-May	1	SOCIAL SUPPORT - GORDON PARK	\$15
22-May	5	SOCIAL SUPPORT - GORDON PARK	\$15
23-May		WOMEN WHO WANDER - three hour Brisbane River Cruise including a buffet lunch onboard.	\$60
30-May		MEN ON THE MOVE - 2 Bent Rods Fishing	\$50

Calendar OF events & activities

JUNE

JUNE COMMUNITY FLYER ADVENTURES (MINI)

SUNCORP STADIUM TOUR

A tour of this historic site will provide you with the ultimate opportunity to learn about the Stadium, from its days as a cemetery, through its time as Lang Park and on to the redevelopment into the world-class facility in its current form. All tour participants will gain an insight into what it takes to stage a top sporting event and gain access to areas usually the domain of Stadium Members, media personalities and elite athletes. Please be mindful that there will be a significant amount of walking and will have stairs to navigate on this event.

JUNE SOCIAL SUPPORT TRIPS

Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.

DESCRIPTION:

MT COOT-THA: Japanese Garden Mt Coot-tha with lunch locally

LOGAN: The Garden Nursery with lunch locally

Cost is transport only. Lunch and activities at own cost.

DATE	HUB	ACTIVITY	COST
03-Jun	2	SOCIAL SUPPORT - Mt Coot-tha	\$15
04-Jun	1	SOCIAL SUPPORT - Mt Coot-tha	\$15
05-Jun	5	SOCIAL SUPPORT - Mt Coot-tha	\$15
06-Jun	4	SOCIAL SUPPORT - Mt Coot-tha	\$15
07-Jun	3	SOCIAL SUPPORT - Mt Coot-tha	\$15
10-Jun	2	COMMUNITY FLYER ADVENTURE - Suncorp Stadium	\$60
11-Jun	1	COMMUNITY FLYER ADVENTURE - Suncorp Stadium	\$60
12-Jun	5	COMMUNITY FLYER ADVENTURE - Suncorp Stadium	\$60
13-Jun	4	COMMUNITY FLYER ADVENTURE - Suncorp Stadium	\$60
14-Jun	3	COMMUNITY FLYER ADVENTURE - Suncorp Stadium	\$60
20-Jun		WOMEN WHO WANDER - Private movie screening at The Elizabeth Picture Theatre. The Elizabeth Picture Theatre is located in the heritage-listed Tara House, built in 1928, best known as the Old Irish Club in Elizabeth Street, and offers an affordable and quality cinema experience for moviegoers of all ages.	\$60
24-Jun	2	SOCIAL SUPPORT - The Garden Nursery	\$15
25-Jun	1	SOCIAL SUPPORT - The Garden Nursery	\$15
26-Jun	5	SOCIAL SUPPORT - The Garden Nursery	\$15
27-Jun	4	SOCIAL SUPPORT - The Garden Nursery	\$15
27-Jun		MEN ON THE MOVE - XXXX Brewery Tour and Tasting includes lunch at the brewery. No walking frames on tour but can join before and after tour.	\$50
28-Jun	3	SOCIAL SUPPORT - The Garden Nursery	\$15

TransitCare Community Hub

FOR LOGAN CLIENTS ONLY

Our new TransitCare Community Hub offers many exciting activities and social events.

Date: Monday to Friday

Time: 10.30 am to 2.30 pm.

Cost: All programmes \$15 per class (unless otherwise advertised), invoiced monthly. Cost includes door-to-door return transport, morning tea, lunch and all activities.

Bookings: Are essential! Please phone our Contact Centre on 3422 7900 to book your place.

ACTIVITIES

Monday – Crafty Group 10:30 am -2:30 pm	Tuesday – Social Circle 10:30 am -2:30 pm
Wednesday – Tai Chi & Brain Games (\$12.00) 1.00 pm - 3.00 pm	Thursday – no classes
	Friday – Art Group 10:30 am -2:30 pm



CALENDAR OF EVENTS

DATE	ACTIVITY
APRIL	
2	International Children's Book Day: We will reminisce about our favourite childhood books.
9	ARMCHAIR TRAVEL: Africa. Join us and experience the flavours and customs of Africa.
16	Crazy Bear: Listen to the great sound of Crazy Bear and his fiddle.
23	ANZAC DAY: commemorations and enjoy Dr Hilda's interactive information session about the history of shopping in Logan.
30	Bingo Bonanza: The best fun you will have playing bingo
MAY	
7	Mother and Daughter Day: Let's celebrate this special day for all mothers and daughters.
14	Entertainment by Mary: One of our favourite entertainers is back for more toe tapping and sing-alongs.
21	International Space Day: Listen, play and watch some interesting information about all things spacey!
28	Bingo Bonanza: Prizes galore!!
JUNE	
4	ARMCHAIR TRAVEL: Italy. Join us as we venture through Italian, enjoying the culture, sights and sounds of this pasta loving country!
11	Queensland Day: Let's celebrate our amazing State with pineapples, sunscreen and music by Jay Turner
25	Bingo Bonanza: The best fun you will have playing bingo!



TOWNSVILLE UPDATE

Our Townsville clients have had fun in the past three months, getting out and about to Bushland Beach Tavern, Stuart Hotel, Kirwan Tavern and Bohle Barn.



Social Calendar - Townsville

Our weekly Drop-In is held at Riverside Gardens Community Centre every Thursday afternoon from 1.30 pm– 3.30 pm. Anyone interested in coming along to make some new friends, play some games and have afternoon tea are welcome. For further information, please call our office.

DATE	DESCRIPTION AND DETAILS
MONDAY 8 APRIL	MONTHLY MEMBERS' LUNCH Where: Vale Hotel Time: 11.00 am – 1.00 pm Cost: \$15 includes return transport. Lunch at own cost. <i>Raffles will be held.</i>
MONDAY 22 APRIL	LUNCH OUTING Where: Fasta Pasta, Kirwan Time: 11.30 am – 1.00 pm Cost: \$15 includes return transport. Lunch at own cost.
MONDAY 13 MAY	MONTHLY MEMBERS' LUNCH Where: Kirwan Tavern Time: 11.00 am – 1.00 pm Cost: \$15 includes return transport. Lunch at own cost. <i>Raffles will be held.</i>
MONDAY 20 MAY	LUNCH OUTING Where: Fish Inn, Rockpool, The Strand Time: 11.00 am – 1.00 pm Cost: \$15 includes return transport. Lunch at own cost.
MONDAY 3 JUNE	MONTHLY MEMBERS' LUNCH Where: The Avenues Tavern, Kirwan Time: 11.00 am – 1.00 pm Cost: \$15 includes return transport. Lunch at own cost. <i>Raffles will be held.</i>
MONDAY 17 JUNE	MORNING TEA OUTING Where: Heritage Tearooms, Hervey's Range Time: 09.00 am – 12.00 pm Cost: \$20 includes return transport. Refreshments at own cost.

MEET A MEMBER - Shirley Wilson

I was born Shirley Cogdell in Wodonga, Victoria, the youngest of nine children. We lived on a dairy farm and were self-sufficient in most things. During the war years, many people came looking for food, and Dad always gave them fruit, veggies and eggs. My job was to look after the chooks and feed the poddy calves. One day I was picking blackberries and tore the skin on my finger. As town was 20 miles away and the only transport was horses, as you do, my brother held me down while Mum sewed it up (no anaesthetic!). Can you imagine TransitCare operating with only horses and carts? Our one-teacher school was three miles away, and I rode my horse when I was old enough.

We moved to Albury, NSW and went to high school there. I was class captain and excelled in athletics, even travelling to competitions in various towns. After school we moved to Brisbane and I worked as a Dental Nurse as I had studied giving Nitric Oxide to patients.

I met Bob, who was a Life Saver, at Miami Beach, so I'd be off to the Gold Coast most weekends. He tried to teach me to surf, but I only managed to come up with a mouthful of sand. We married a year later and Bob's work as an airport inspector took us to Port Moresby. The smell of Koki markets and Papuans spitting out

Beetle-nut juice (which looks like blood) was overwhelming. It was certainly a different lifestyle. I worked for a local dentist until a week before I had my first child. We made many friends through both work and lifesaving. We were there for three years and Bob's work then took us to Cloncurry. Living in the 'Curry wasn't the easiest, learning to wash nappies in a copper and slicing up freshly killed beef. Bob was away a lot, and I'd walk half a mile every day with two, and soon three, young boys under five, for fresh food. The flies would accompany us the whole way and the temperature extremes were VERY extreme. I didn't enjoy the 'Curry at the beginning, but I learnt to like it, especially after we made some life-long friends.

After another three years, Bob's job took us to Townsville, with a promotion. I was a stay-at-home mum, played golf and did lots of volunteering work for the school, Scouts, Meals on Wheels, Church and rugby league. After the boys left school, I got a job at Pat Washington's store in the city (all old-time Townsville locals will remember Pat Washington's) and loved every minute of it. I then managed the K-Mart store until I retired.

We holidayed in Singapore and



Hong Kong, which were real eye openers to me - the food, crowds, smells and general hustle bustle were exceptional. We also went to New Zealand, which was much more my cup of tea, as the scenery was magnificent. Bob and I flew to a few of the reef islands, Dunk, Lindeman etc. with a CASA pilot friend.

On retiring I loved looking after the grandchildren, and when Bob passed away I moved in with my second son and his wife and family, which brings more pleasure into my life.

I hope you enjoyed reading my story, thanks to Dean, Jenny and all the volunteers and staff at TransitCare. I've made many new friends on our outings, and it makes getting on with life so much easier.

QUEENSLAND PUBLIC HOLIDAYS - 2024

Friday 29 March	Good Friday	Tuesday 30 July	Charters Towers Show Day
Monday 1 April	Easter Monday	Wednesday 14 August	Brisbane Ekka Holiday
Tuesday 25 April	ANZAC Day	Friday 30 August	Gold Coast Show Day
Monday 6 May	Labour Day	Monday 7 October	King's Birthday
Monday 1 July	Townsville Show Day	Wednesday 25 December	Christmas Day
Friday 5 July	Ingham Show Day	Thursday 26 December	Boxing Day
Friday 19 July	Cairns Show Day		

Our offices will be closed on holidays relevant to location or type of holiday. We will communicate closer to the date in upcoming magazines and through our Contact Centre phone system.

OUT AND ABOUT

Our clients have enjoyed many trips out and about. These include Brew Dog at Murarrie, a Port of Brisbane tour, Summerland Camel Farm, Home of the Arts, Southport Yacht Club, RAAF Amberley Aviation Museum, Redcliffe, Samford, Boonah, Tramways Museum, Volunteer Marine Rescue at Jacobs Well, Harrigan's Drift Inn Irish Pub plus many more fabulous destinations.



TransitCare

Connecting people to their communities

Contact us

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